

Blaydon GP Practice Procurement

A letter has been sent to all patients from Newcastle Gateshead CCG to advise the contract for the current provider will be extended for a further 3 months (up to 30th September).

This is due to a significant change in charges the provider pays for the space it uses in Blaydon PCC.

If patients have any concerns or would like to discuss the consulting process they can call (free of charge)

Healthwatch Gateshead 0808 801 0382.

CQC Inspection January 2018

Following our CQC Inspection in January this year the practice has been rated as **'Good'** overall.

We would like to thank members of our Patient Participation Group for all their support during the inspection.

Surgery Closures



The Practice will be closed for staff training on the following dates:

Thursday 24 May	12.30 pm—6 pm
Thursday 12 July	12.30 pm—6 pm
Wednesday 19 September	2.30 pm—6 pm
Thursday 18 October	12.30 pm – 6 pm
Tuesday 13 November	12.30 pm—6 pm

WIFI

We now have wifi in the practice which is free for patients – to connect to it please go to NHS wifi in your settings.

General Data Protection Regulations (GDPR)



For the first time in more than 20 years, this May will see a major overhaul of European data regulations, reforming rules that were set before popular use of the internet, and before smartphones were invented.

The General Data Protection Regulation (GDPR), which takes effect on 25 May 2018 will apply equally to data controllers and processors who carry out processing involving sensitive personal (health) data.

Many of the GDPR's principles are much the same as those in the current Data Protection Act (DPA) however the GDPR does introduce some important changes. It builds on the rights in existing legislation, but under the new regulation, individuals rights have been significantly enhanced to deal with challenges of the online world to ensure individuals have effective control of how their personal data is used.

A Data Protection Officer will be appointed to act as the point of contact for individuals on issues over the processing of their personal data or exercising their rights under GDPR.

The Information Commissioner's Office (ICO) is producing a communications toolkit which will be launched on 9 April 2018. CBC Health will use this along with other guidance to assist with the adaptation of current data protection communication materials, and these will be made available in practice in time for the launch of the new regulation in May, the purpose of which will be to inform patients and service users how and why personal data will be used, the legal basis for processing the data, retention periods i.e. how long data will be stored for, and details of how to complain.

Bowel Cancer Awareness

Bowel cancer is the UK's second biggest cancer killer however it shouldn't be because it is treatable and curable especially if diagnosed early. Nearly everyone diagnosed at the earliest stage will survive bowel cancer but this drops significantly as the disease develops. Early diagnosis really does save lives, that's why during April we're raising awareness of bowel cancer symptoms. And you can help spread the word too.

The symptoms of bowel cancer include:

- Bleeding from your bottom and/or in your poo
- A persistent and unexplained change in bowel habit
- Unexplained weight loss
- Extreme tiredness for no obvious reason
- A pain or lump in your tummy

If you have any concerns or if things just don't feel right, book an appointment to see one of the GPs.



Patient Participation Group

PPG's are set up to develop a mutually beneficial

relationship between practice and patient. A selection of patients and Practice staff who meet at regular intervals to decide ways of making a positive contribution to the services and facilities offered by the Practice to their patients.

Updating your information

If you have changed your address, telephone or mobile numbers, can you please inform reception to enable us

Welcome New Staff



Locum GP Dr Emily Watson will be covering sessions at Blaydon Practice for the next few months

Nurse Suzanne Hall will join the practice in May. Suzanne is experienced in the management of coronary heart disease, hypertension, asthma, COPD and Diabetic reviews. Suzanne offers the usual range of nursing services from contraception advice and immunisations to travel vaccines and wound management'.

Receptionist Siobhan Brennan joined the practice in April and will divide her time between Blaydon Practice and Grange Road Surgery in Ryton.

Patient On-line Access

Have you tried on-line access?



It can save you time and is quick and easy to use. No more waiting for the surgery to open and busy telephone lines.

NHS Diabetes Prevention Programme

Blaydon Practice is a trailblazer for the Diabetes Prevention Programme. We can refer in to the programme 'Healthier You' whenever we diagnose/ review a patient with Non-Diabetic Hyperglycaemia (also known as Impaired Glucose Regulation/ Pre Diabetes) who is over 18 and has bloods in a certain range (HbA1c 42-47mmol/mol or fasting glucose 5.5-6.9mmol/l). Further information is available from the website <http://www.stopdiabetes.co.uk>

Practice Website

The practice has a website with useful information for all patients, the website address is:

www.blaydongp.nhs.uk.

Have you heard about **Our Gateshead?** It's a website full of news, events and regular activities posted by over 1000 groups and organisations in Gateshead. It's easy to use and you can even search on the area you live to find out what's going on close to you. Visit www.ourgateshead.org